

# On-Campus

## Disability Services, Office of

573-882-4696 | S5 Memorial Union

[disabilityservices.missouri.edu](http://disabilityservices.missouri.edu)

Email: [disabilityservices@missouri.edu](mailto:disabilityservices@missouri.edu)

## International Center

573-882-6007 | N52 Memorial Union

[international.missouri.edu](http://international.missouri.edu)

Email: [international@missouri.edu](mailto:international@missouri.edu)

## Counseling Center, MU

573-882-6601 | 119 Parker Hall

[counseling.missouri.edu](http://counseling.missouri.edu)

*Any undergraduate/graduate student enrolled at the MU campus is eligible for individual psychotherapy, group therapy, couples counseling, crisis intervention, workshops/outreach presentations and psychological/educational testing\* for free.*

*\*Testing may be an additional fee*

## Legal Services, Student

573-882-9700 | 2500 MU Student Center

[sls.missouri.edu](http://sls.missouri.edu)

## LGBTQ Center, MU

### Lesbian, Gay, Bisexual, Transgender, Queer

573-884-7750 | G225 MU Student Center

[lgbtq.missouri.edu](http://lgbtq.missouri.edu)

Email: [lgbtq@missouri.edu](mailto:lgbtq@missouri.edu)

## MSA

573-882-3780 | 2500 MU Student Center

[msa.missouri.edu](http://msa.missouri.edu)

Email: [msapresident@missouri.edu](mailto:msapresident@missouri.edu)

## Multicultural Center

573-882-7152 | G107 MU Student Center

[multiculturalcenter.missouri.edu](http://multiculturalcenter.missouri.edu)

## Pharmacy, Mizzou

573-884-4373 | 1207 MU Student Center

## RSVP Center

### Relationship and Sexual Violence Prevention Center

573-882-6638 | G210 MU Student Center

[rsvp.missouri.edu](http://rsvp.missouri.edu)

Email: [rsvp@missouri.edu](mailto:rsvp@missouri.edu)

## SHAPE

### Sexual Health Advocate Peer Education

573-882-1417 | 4<sup>th</sup> floor Student Health Center

[studenthealth.missouri.edu/programs/shape](http://studenthealth.missouri.edu/programs/shape)

## Student Conduct, Office of

573-882-5543 | G206 MU Student Center

[conduct.missouri.edu](http://conduct.missouri.edu)

Email: [conduct@missouri.edu](mailto:conduct@missouri.edu)

## Student Health Center

573-882-7481 | 4<sup>th</sup> floor Student Health Center

[studenthealth.missouri.edu](http://studenthealth.missouri.edu)

## Mental Health at Student Center

573-882-1483

## University Hospital and Clinics

573-882-4141 | 1 Hospital Drive

[muhealth.org](http://muhealth.org)

## Wellness Resource Center

573-882-4634 | G202 MU Student Center

[wellness.missouri.edu](http://wellness.missouri.edu)

## Women's Center, MU

573-882-6621 | G108 MU Student Center

[womenscenter.missouri.edu](http://womenscenter.missouri.edu)

Email: [muwomenscenter@missouri.edu](mailto:muwomenscenter@missouri.edu)

## Women's and Gender Studies

573-882-2703 | 325 Strickland Hall

[wgst.missouri.edu](http://wgst.missouri.edu)

# Violence Against Women & Children

## Child Abuse Hotline

1-800-392-3738  
[dss.mo.gov](http://dss.mo.gov)

## Circuit Clerk, Columbia, MO

573-886-4000 | 705 E. Walnut Street  
[www.courts.mo.gov/hosted/circuit13/](http://www.courts.mo.gov/hosted/circuit13/)

## Counseling Center, MU

573-882-6601 | 119 Parker Hall  
[counseling.missouri.edu](http://counseling.missouri.edu)  
*Any MU student enrolled at the MU campus is eligible for individual psychotherapy, group therapy, couples counseling, & crisis intervention.*

## Domestic Violence Hotline, National

1-800-799-7233  
[thehotline.org](http://thehotline.org)

## Dove Unit (of The Columbia Police Dept.)

573-874-7652 | 600 E. Walnut Street  
[gocolumbiamo.com/Police/Divisions/dove.php](http://gocolumbiamo.com/Police/Divisions/dove.php)

## Law Family Violence Clinic, MU

573-882-7872 | 203 Hulston Hall  
[law.missouri.edu](http://law.missouri.edu)

## L.E.A.D. Institute

*(deaf & hard of hearing services)*

573-445-5005 (V/TTY)  
1-800-380-DEAF (V/TTY)  
1-573-303-5604 (Videophone)  
text HAND to 839863  
[slogan@midamerica.net](mailto:slogan@midamerica.net)

## Legal Services, Mid-MO

573-442-0116 | 205 E. Forest Ave.  
[lsmo.org](http://lsmo.org)

## Police Department, MU

573-882-7201 | 901 Virginia Ave.  
[mupolice.com](http://mupolice.com)

## RAINN

### Rape/Abuse/Incest National Network

1-800-656-HOPE  
[rainn.org](http://rainn.org)

## RSVP Center

### Relationship and Sexual Violence Prevention Center

573-882-6638 | G210 MU Student Center  
[rsvp.missouri.edu](http://rsvp.missouri.edu)  
email: [rsvp@missouri.edu](mailto:rsvp@missouri.edu)

## Student Conduct, Office of

573-882-5543 | G206 MU Student Center  
[conduct.missouri.edu](http://conduct.missouri.edu)  
Email: [conduct@missouri.edu](mailto:conduct@missouri.edu)

## Student Legal Services

573-882-9700 | 2500 MU Student Center  
[sls.missouri.edu](http://sls.missouri.edu)

## Teen Dating Abuse Hotline, National

1-866-331-9474  
[loveisrespect.org](http://loveisrespect.org)  
*up to age 24*

## True North Shelter

*(For Victims of domestic & sexual violence)*

Hotline-Local: 573-875-1370  
Hotline-Toll-free: 1-800-548-2480  
Office: 573-875-0503  
[truenorthofcolumbia.org](http://truenorthofcolumbia.org)  
Email: [TNinfo@socket.net](mailto:TNinfo@socket.net)

## Victim Services/Response Team, Columbia, MO

573-886-4135  
[gocolumbiamo.com](http://gocolumbiamo.com)

## Violence Against Women and Children

### Toll Free Missouri Hotline

1-800-548-2480 OR 1-800-380-DEAF (V/TTY)

# Suicide Prevention & Resources

## 24 Hr. Crisis Line

1-800-395-2132

## Counseling Center, MU

573-882-6601 | 119 Parker Hall

[counseling.missouri.edu](http://counseling.missouri.edu)

*\*for MU students*

## Boone Hospital

573-815-8000 | 1600 E. Broadway

[boone.org](http://boone.org)

## Crisis Line

1-800-833-3915

*Call then and they will connect you to a local provider,  
Boone County will be Burrell Behavioral Center*

## Employee Asst. Program, MU

*(mental health services for MU employees)*

573-882-6701 | 102 Parker Hall

[counseling.missouri.edu](http://counseling.missouri.edu)

## Imalive.org

Chat room

## LGBTQ Helpline

National: 1-888-843-4564

youth-25: 1-800-246-7743

[glnh.org](http://glnh.org) *\*Online chat option available*

## Police Department, Columbia, MO

573-874-7652 | 600 E. Walnut Street

[gocolumbiamo.com](http://gocolumbiamo.com)

## Police Department, MU

573-882-7201 | 901 Virginia Ave.

[mupolice.com](http://mupolice.com)

## realmentalhealth.com

*Chat room & resources*

## Student Health Center

573-882-7481 | 4<sup>th</sup> floor Student Health Center

[studenthealth.missouri.edu](http://studenthealth.missouri.edu)

## Mental Health at Student Center

573-882-1483

## Suicide Prevention Lifeline, National

1-800-273-8255

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

*Chat option available*

## Trevor Project

*(LGBTQ-specific hotline)*

866-488-7386

[The Trevor Project.org](http://The Trevor Project.org) *\*Online chat available*

## University Hospital ER

573-882-4141 | 1 Hospital Drive

[muhealth.org](http://muhealth.org)

## VA Hospital, Harry S. Truman

573-814-6000 | 800 Hospital Drive

[columbiamo.va.gov](http://columbiamo.va.gov)

## Veterans' Suicide Prevention

1-800-273-8255 (press 1)

Text: 838255

[veteranscrisisline.net](http://veteranscrisisline.net) *\*Online chat available*

# Healthcare & Health Education

## American Red Cross

573-449-2656  
1511 S. Providence Road  
[redcross.org](http://redcross.org)

## Boone County Health Department

(573) 874-7356 | 1005 W. Worley  
[gocolumbiamo.com/health](http://gocolumbiamo.com/health)

## Burrell Behavioral Health

573-884-1400 | 601 Business Loop 70 W. St. 215  
Hotline: 1-800-395-2132  
*Counseling options available*

## CDC Info AIDS Hotline

1-800-232-4636

## Counseling Center, Family

573-449-2581 | 117 N. Garth Ave  
[fccmo.org](http://fccmo.org)

## Health Center, Family

573-214-2314 | 1001 W. Worley Street  
[fhcmo.org](http://fhcmo.org)

## McCambridge Center

*assists chemically dependent women*  
573-449-3953 | 201 N. Garth Ave.  
[fccmo.org](http://fccmo.org)

## MedZou

573-356-2499 | 800 N. Providence Rd.  
[medicine.missouri.edu/medzou/](http://medicine.missouri.edu/medzou/)  
*\*Sliding scale community medical clinic*

## Planned Parenthood

573-443-0427 | 711 N. Providence Road  
[plannedparenthood.org](http://plannedparenthood.org)  
*\*Sliding scale*

## Psychological Services

573-882-4677 | 211 S. 8<sup>th</sup> Street  
[psychology.missouri.edu](http://psychology.missouri.edu)

## RAIN

### Regional AIDS Interfaith Network

573-875-8687 or 800-785-2437  
1123 Wilkes Blvd., Suite 250  
[missourirain.org](http://missourirain.org)

## SHAPE

### Sexual Health Advocate Peer Education

573-882-1417 | 4<sup>th</sup> floor Student Health Center  
[studenthealth.missouri.edu/programs/shape](http://studenthealth.missouri.edu/programs/shape)

## Show Me Healthy Women

*(WIC & other program information)*  
573-552-2845  
[health.mo.gov](http://health.mo.gov)

## STD Hotline

1-800-227-8922

## Student Health Center

573-882-7481 | 4<sup>th</sup> floor Student Health Center  
[studenthealth.missouri.edu](http://studenthealth.missouri.edu)

## Mental Health at Student Center

573-882-1483

# Basic Needs

## Boone County Group Home/Family Support

573-874-1995  
1209 East Walnut  
[bcfr.org](http://bcfr.org)

## Central Missouri Community Action

*(poverty fighting network)*

[showmeaction.org](http://showmeaction.org)

## Division of Family Services

573-882-9180 | 1500 Vandiver Drive, Suite 103  
[dss.mo.gov](http://dss.mo.gov)

## Family Counseling Center

573-449-2581  
117 N. Garth Ave  
[fccmo.org](http://fccmo.org)

## Food Bank

573-474-1020 | 2101 Vandiver Drive  
[sharefoodbringhope.org/](http://sharefoodbringhope.org/)

## Food Stamps

[dss.mo.gov/fsd/fstamp/](http://dss.mo.gov/fsd/fstamp/)

## Legal Services, Mid-MO

*(Law services for low-income)*

573-442-0116 | 205 E. Forest Ave.  
[lsmo.org](http://lsmo.org)

## Lois Bryant

*(Women's Homeless Shelter)*

573-875-7874 | 913 Rangeline St.

## Love Inc.

573-256-7662 | 1516 Business Loop 70 West  
[columbialoveinc.org](http://columbialoveinc.org)  
email: [office@columbialoveinc.org](mailto:office@columbialoveinc.org)

## MedZou

573-356-2499 | 800 N. Providence Rd.  
[medicine.missouri.edu/medzou/](http://medicine.missouri.edu/medzou/)  
*\*Sliding scale community medical clinic*

## Rainbow House

573-474-6600 | 1611 Towne Drive  
[rainbowhousecolumbia.org](http://rainbowhousecolumbia.org)

## Tiger Pantry

573-884-9033 | Rock Quarry Facility, Room #8  
[tigerpantry.missouri.edu](http://tigerpantry.missouri.edu)  
email: [tigerpantry@missouri.edu](mailto:tigerpantry@missouri.edu)

## Salvation Army

Family Services: 573-442-3229  
1108 West Ash Street  
Harbour House: 573-442-1984 | 602 N. Ann Street  
[salvationarmyusa.org](http://salvationarmyusa.org)

## St. Francis House

*(Homeless Shelter)*

573-875-4913 | 901 Rangeline Street  
[columbiacatholicworker.blogspot.com](http://columbiacatholicworker.blogspot.com)

## Upscale Resale

*(Used clothing for low price)*

573-445-4803  
1729 W. Broadway  
[almm.org](http://almm.org)

## Voluntary Action Center

*(provide services to low income families/individuals)*

573-874-2273 | 403 Vandiver Drive  
[vacmo.org](http://vacmo.org)

## The Wardrobe

*(provide clothes/blankets for free/low cost)*

573-442-3260 | 715 Park Ave.

## Parent Resources

### Family Room & Lactation Center

573-882-6621 | G108 MU Student Center

[womenscenter.missouri.edu](http://womenscenter.missouri.edu)

### Student Parent Center, MU

573-882-4224 | 602 University Village

[studentparentcenter.missouri.edu](http://studentparentcenter.missouri.edu)

Email: [spc@missouri.edu](mailto:spc@missouri.edu)

### MIZFIT

*(Student ORG)*

[facebook.com/groups/MizFITSatMU](https://facebook.com/groups/MizFITSatMU)

### Parentlink

National: 1-800-552-8522

Local: 573-882-7321

*\*Also see basic needs section for parent resources*

## Other Resources

### The Center Project

*(LGBTQ Community Center)*

573-449-1188 | 300 St. James Street

[thecenterproject.org](http://thecenterproject.org)

### Eating Disorder Helpline, National

800-931-2237

[nationaleatingdisorders.org](http://nationaleatingdisorders.org)

### Crisis Helpline, Mid-Missouri

573-445-5035

[muserves.missouri.edu](http://muserves.missouri.edu)

### L.E.A.D. Institute

*(deaf & hard of hearing services)*

573-445-5005 (V/TTY)

1-800-380-DEAF (V/TTY)

1-573-303-5604 (Videophone)

text HAND to 839863

[slogan@midamerica.net](mailto:slogan@midamerica.net)

### PROMO

*(LGBTQ advocacy)*

314-862-4900 | 438 N. Skinker Blvd, St. Louis, MO 63130

[promoonline.org](http://promoonline.org)

### National NOW Columbia Chapter

573-445-7144

[missourinow.org](http://missourinow.org)