On-Campus

Disability Services, Office of  
573-882-4696 | S5 Memorial Union  
disabilityservices.missouri.edu  
Email: disabilityservices@missouri.edu

International Center  
573-882-6007 | NS2 Memorial Union  
international.missouri.edu  
Email: international@missouri.edu

RSVP Center  
Relationship and Sexual Violence Prevention Center  
573-882-6638 | G210 MU Student Center  
rsvp.missouri.edu  
Email: rsvp@missouri.edu

Counseling Center, MU  
573-882-6601 | 119 Parker Hall  
counseling.missouri.edu  
Any undergraduate/graduate student enrolled at the MU campus is eligible for individual psychotherapy, group therapy, couples counseling, crisis intervention, workshops/outreach presentations and psychological/educational testing* for free.  
*Testing may be an additional fee

SHAPE  
Sexual Health Advocate Peer Education  
573-882-1417 | 4th floor Student Health Center  
studenthealth.missouri.edu/programs/shape

Student Conduct, Office of  
573-882-5543 | G206 MU Student Center  
conduct.missouri.edu  
Email: conduct@missouri.edu

Legal Services, Student  
573-882-9700 | 2500 MU Student Center  
sls.missouri.edu

Student Health Center  
573-882-7481 | 4th floor Student Health Center  
studenthealth.missouri.edu

Mental Health at Student Center  
573-882-1483

University Hospital and Clinics  
573-882-4141 | 1 Hospital Drive  
muhealth.org

Wellness Resource Center  
573-882-4634 | G202 MU Student Center  
wellness.missouri.edu

MSA  
573-882-3780 | 2500 MU Student Center  
msa.missouri.edu  
Email: msapresident@missouri.edu

Women’s Center, MU  
573-882-6621 | G108 MU Student Center  
womenscenter.missouri.edu  
Email: mujomenscenter@missouri.edu

Multicultural Center  
573-882-7152 | G107 MU Student Center  
multiculturalcenter.missouri.edu

Women’s and Gender Studies  
573-882-2703 | 325 Strickland Hall  
wgst.missouri.edu

Pharmacy, Mizzou  
573-884-4373 | 1207 MU Student Center

LGBTQ Center, MU  
Lesbian, Gay, Bisexual, Transgender, Queer  
573-884-7750 | G225 MU Student Center  
lgbtq.missouri.edu  
Email: lgbtq@missouri.edu

Women’s and Gender Studies

Legal Services, Student

Wellness Resource Center

MSA

Women’s Center, MU

Multicultural Center

Pharmacy, Mizzou

LGBTQ Center, MU

Legal Services, Student

Wellness Resource Center

MSA

Women’s Center, MU

Multicultural Center

Pharmacy, Mizzou

LGBTQ Center, MU
Violence Against Women & Children

Child Abuse Hotline
1-800-392-3738
dss.mo.gov

Circuit Clerk, Columbia, MO
573-886-4000 | 705 E. Walnut Street
www.courts.mo.gov/hosted/circuit13/

Counseling Center, MU
573-882-6601 | 119 Parker Hall
counseling.missouri.edu
Any MU student enrolled at the MU campus is eligible for individual psychotherapy, group therapy, couples counseling, & crisis intervention.

Domestic Violence Hotline, National
1-800-799-7233
thehotline.org

Dove Unit (of The Columbia Police Dept.)
573-874-7652 | 600 E. Walnut Street
gocolumbiamo.com/Police/Divisions/dove.php

Law Family Violence Clinic, MU
573-882-7872 | 203 Hulston Hall
law.missouri.edu

LE.A.D. Institute
(Deaf & hard of hearing services)
573-445-5005 (V/TTY)
1-800-380-DEAF (V/TTY)
1-573-303-5604 (Videophone)
text HAND to 839863
slogan@midamerica.net

Legal Services, Mid-MO
573-442-0116 | 205 E. Forest Ave.
lsmo.org

Police Department, MU
573-882-7201 | 901 Virginia Ave.
mupolice.com

RAINN
Rape/Abuse/Incest National Network
1-800-656-HOPE
rainn.org

RSVP Center
Relationship and Sexual Violence Prevention Center
573-882-6638 | G210 MU Student Center
rsvp.missouri.edu
e-mail: rsvp@missouri.edu

Student Conduct, Office of
573-882-5543 | G206 MU Student Center
conduct.missouri.edu
Email: conduct@missouri.edu

Student Legal Services
573-882-9700 | 2500 MU Student Center
sls.missouri.edu

Teen Dating Abuse Hotline, National
1-866-331-9474
loveisrespect.org
up to age 24

True North Shelter
(For Victims of domestic & sexual violence)
Hotline-Local: 573-875-1370
Hotline-Toll-free: 1-800-548-2480
Office: 573-875-0503
truenorthofcolumbia.org
Email: TNinfo@socket.net

Victim Services/Response Team, Columbia, MO
573-886-4135
gocolumbiamo.com

Violence Against Women and Children
Toll Free Missouri Hotline
1-800-548-2480 OR 1-800-380-DEAF (V/TTY)
Suicide Prevention & Resources

24 Hr. Crisis Line
1-800-395-2132

Police Department, MU
573-882-7201 | 901 Virginia Ave.
mupolice.com

Counseling Center, MU
573-882-6601 | 119 Parker Hall
counseling.missouri.edu
*for MU students

realmentalhealth.com
Chat room & resources

Boone Hospital
573-815-8000 | 1600 E. Broadway
boone.org

Student Health Center
573-882-7481 | 4th floor Student Health Center
studenthealth.missouri.edu

Mental Health at Student Center
573-882-1483

Crisis Line
1-800-833-3915
Call then and they will connect you to a local provider, Boone County will be Burrell Behavioral Center

Suicide Prevention Lifeline, National
1-800-273-8255
suicidepreventionlifeline.org
Chat option available

Employee Asst. Program, MU
(mental health services for MU employees)
573-882-6701 | 102 Parker Hall
counseling.missouri.edu

Trevor Project
(LGBTQ-specific hotline)
866-488-7386
Thetrevorproject.org *Online chat available

Imalive.org
Chat room

University Hospital ER
573-882-4141 | 1 Hospital Drive
muhealth.org

LGBTQ Helpline
National: 1-888-843-4564
youth-25: 1-800-246-7743
glnh.org *Online chat option available

Police Department, Columbia, MO
573-874-7652 | 600 E. Walnut Street
gocolumbiamo.com

Veterans’ Suicide Prevention
1-800-273-8255 (press 1)
Text: 838255
veteranscrisisline.net *Online chat available
Healthcare & Health Education

**American Red Cross**
573-449-2656  
1511 S. Providence Road  
redcross.org

**Boone County Health Department**
(573) 874-7356  |  1005 W. Worley  
gocolumbiamo.com/health

**Burrell Behavioral Health**
573-884-1400  |  601 Business Loop 70 W. St. 215  
Hotline: 1-800-395-2132  
*Counseling options available*

**CDC Info AIDS Hotline**
1-800-232-4636

**Counseling Center, Family**
573-449-2581  |  117 N. Garth Ave  
fccmo.org

**Health Center, Family**
573-214-2314  |  1001 W. Worley Street  
fhcmo.org

**McCambridge Center**
assists chemically dependent women  
573-449-3953  |  201 N. Garth Ave.  
fccmo.org

**MedZou**
573-356-2499  |  800 N. Providence Rd.  
medicine.missouri.edu/medzou/  
*Sliding scale community medical clinic*

**Planned Parenthood**
573-443-0427  |  711 N. Providence Road  
plannedparenthood.org  
*Sliding scale*

**Psychological Services**
573-882-4677  |  211 S. 8th Street  
psychology.missouri.edu

**RAIN**
Regional AIDS Interfaith Network  
573-875-8687 or 800-785-2437  
1123 Wilkes Blvd., Suite 250  
missourirain.org

**SHAPE**
Sexual Health Advocate Peer Education  
573-882-1417  |  4th floor Student Health Center  
studenthealth.missouri.edu/programs/shape

**Show Me Healthy Women**  
(WIC & other program information)  
573-552-2845  
health.mo.gov

**STD Hotline**
1-800-227-8922

**Student Health Center**  
573-882-7481  |  4th floor Student Health Center  
studenthealth.missouri.edu

**Mental Health at Student Center**  
573-882-1483
Basic Needs

Boone County Group Home/Family Support
573-874-1995
1209 East Walnut
bcfr.org

Central Missouri Community Action
(poverty fighting network)
showmeaction.org

MedZou
573-356-2499 | 800 N. Providence Rd.
medicine.missouri.edu/medzou/
*Sliding scale community medical clinic

Rainbow House
573-474-6600 | 1611 Towne Drive
rainbowhousecolumbia.org

Division of Family Services
573-882-9180 | 1500 Vandiver Drive, Suite 103
dss.mo.gov

Tiger Pantry
573-884-9033 | Rock Quarry Facility, Room #8
tigerpantry.missouri.edu
email: tigerpantry@missouri.edu

Central Missouri Community Action

Family Counseling Center
573-449-2581
117 N. Garth Ave
fccmo.org

Salvation Army
Family Services: 573-442-3229
1108 West Ash Street
salvationarmyusa.org

Food Bank
573-474-1020 | 2101 Vandiver Drive
sharefoodbringhope.org/

St. Francis House
(Homeless Shelter)
573-875-4913 | 901 Rangeline Street
columbiacatholicworker.blogspot.com

Food Stamps
dss.mo.gov/fsd/fstamp/

Upscale Resale
(Used clothing for low price)
573-445-4803
1729 W. Broadway
almm.org

Legal Services, Mid-MO
(Law services for low-income)
573-442-0116 | 205 E. Forest Ave.
lsmo.org

Voluntary Action Center
(provide services to low income families/individuals)
573-874-2273 | 403 Vandiver Drive
vacmo.org

Lois Bryant
(Women’s Homeless Shelter)
573-875-7874 | 913 Rangeline St.

The Wardrobe
(provide clothes/blankets for free/low cost)
573-442-3260 | 715 Park Ave.

Love Inc.
573-256-7662 | 1516 Business Loop 70 West
columbialoveinc.org
email: office@columbialoveinc.org
Parent Resources

Family Room & Lactation Center
573-882-6621  |  G108 MU Student Center
womenscenter.missouri.edu

Student Parent Center, MU
573-882-4224  |  602 University Village
studentparentcenter.missouri.edu
Email: spc@missouri.edu

MIZFIT
(Student ORG)
facebook.com/groups/MizFITsatMU

Parentlink
National: 1-800-552-8522
Local: 573-882-7321

*Also see basic needs section for parent resources

Other Resources

The Center Project
(LGBTQ Community Center)
573-449-1188  |  300 St. James Street
thecenterproject.org

Eating Disorder Helpline, National
800-931-2237
nationaleatingdisorders.org

L.E.A.D. Institute
(deaf & hard of hearing services)
573-445-5005 (V/TTY)
1-800-380-DEAF (V/TTY)
1-573-303-5604 (Videophone)
text HAND to 839863
slogan@midamerica.net

Crisis Helpline, Mid-Missouri
573-445-5035
muserves.missouri.edu

PROMO
(LGBTQ advocacy)
314-862-4900  |  438 N. Skinker Blvd, St. Louis, MO 63130
promoonline.org

National NOW
Columbia Chapter
573-445-7144
missourinow.org